

Next Generation Wearables for Health and Well-Being

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clasp.





Digital Stress Device



Really Stressed



Playing



Stressed



Text Message



Online Social Support Network Status



Diversion



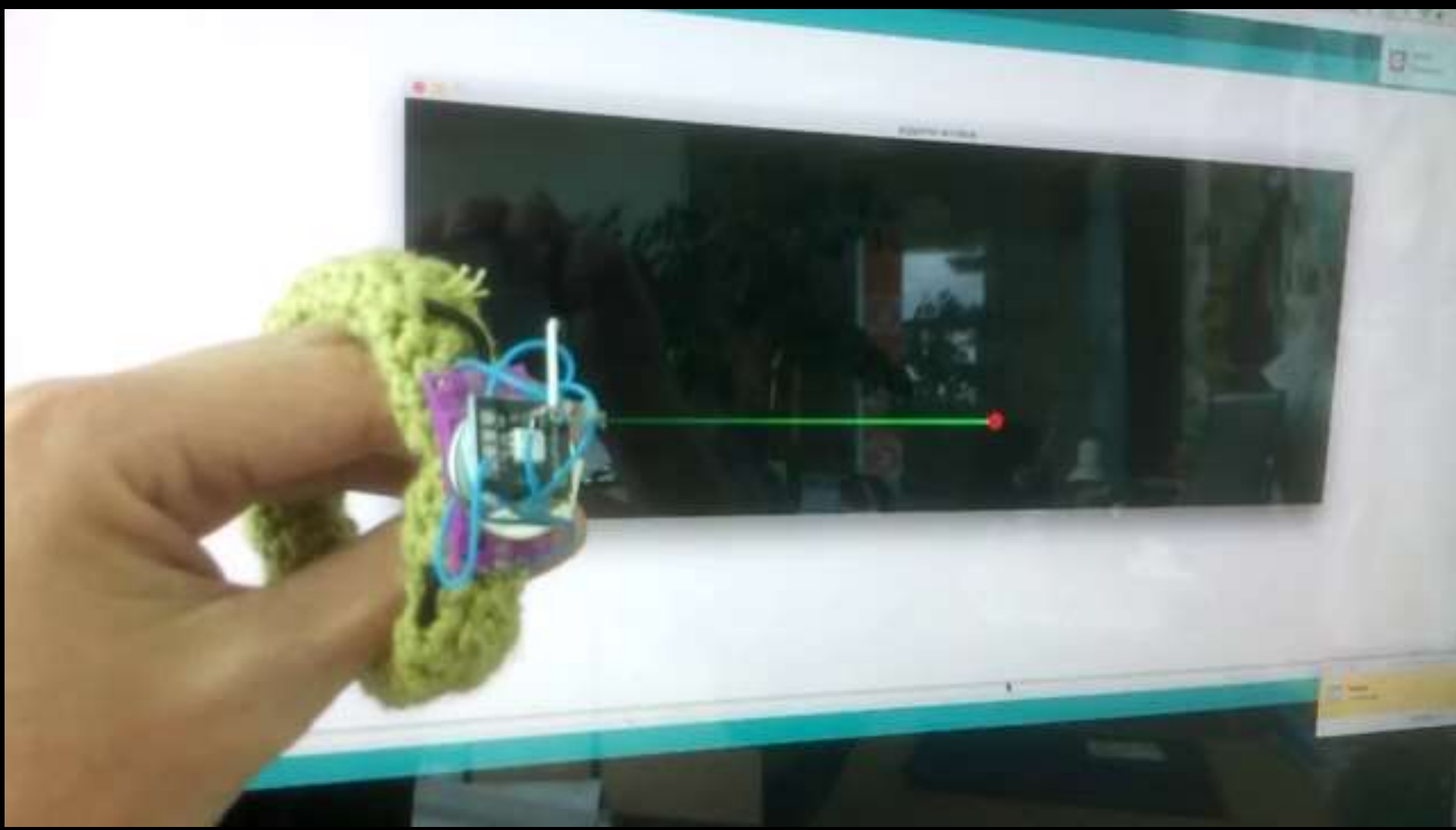


Key Findings (so far)

- Need for customization
 - Variety of devices
 - Variety of triggers
 - Variety of data ownership models

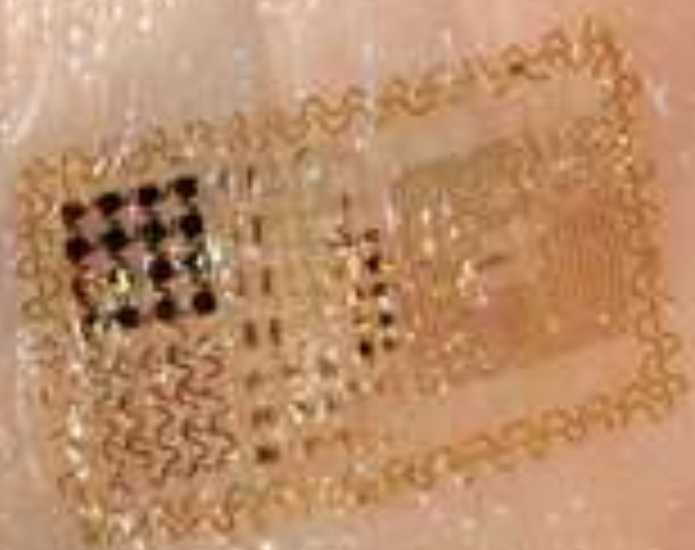


**Snap: personalized,
customizable
anxiety
management**



Key Findings (so far)

- Data-wise again everyone is different:
 - Review weekly with support worker
 - Review instantly
 - Data visualisation as a “calming game”
- Cloud
 - Concerns over what happens to the data
 - “personal” cloud data store



A portrait of Dae-Hyeong Kim, a man with short dark hair and glasses, wearing a dark polo shirt. He is looking slightly to the left of the camera. The background is dark with a warm, orange-brown glow on the left side. A blue horizontal bar is at the bottom, containing his name and title. A small white 'I' logo is on the right side of the bar.

DAE-HYEONG KIM
Post-Doctorate Research Associate

